



# SUMMER Year

## HALE AREA SCHOOLS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

# JULY

Choice of 2- **17**  
WG Cereal  
WG Breakfast Bar  
Low-fat Yogurt

Choice of 2- **18**  
WG Cereal  
WG Breakfast Bar  
Low-fat Yogurt

Choice of 2- **19**  
WG Cereal  
WG Breakfast Bar

Choice of 2- **20**  
WG Cereal  
WG Breakfast Bar  
Low-fat Yogurt

# AUGUST

Choice of 2- **7**  
WG Cereal  
WG Breakfast Bar  
Low-fat Yogurt

Choice of 2- **8**  
WG Cereal  
WG Breakfast Bar  
Low-fat Yogurt

Choice of 2- **9**  
WG Cereal  
WG Breakfast Bar  
Low-fat Yogurt

Choice of 2- **10**  
WG Cereal  
WG Breakfast Bar  
Low-fat Yogurt

Choice of 2- **14**  
WG Cereal  
WG Breakfast Bar  
Low-fat Yogurt

Choice of 2- **15**  
WG Cereal  
WG Breakfast Bar  
Low-fat Yogurt

Choice of 2- **16**  
WG Cereal  
WG Breakfast Bar  
Low-fat Yogurt

Choice of 2- **17**  
WG Cereal  
WG Breakfast Bar  
Low-fat Yogurt

**News**  
**All Breakfast Served With:**  
**Fat Free Chocolate Milk**  
**or**  
**1% White Milk,**  
**100% Juice,**  
**Fresh Fruit,**  
**Applesauce**  
**CUP**

9-12 students may enjoy an extra serving of one bread item to equal 600 calories (maximum calories per weekly average)

**This institution is an equal opportunity provider.**