

## Hale Area School

# 311 N. Washington Hale, MI 48739 Telephone (989) 728-3551 Fax (989) 728-9551



Dear Families and Caregivers,

A person at our school has tested positive for COVID-19 and your child may have been exposed. COVID-19 is a respiratory illness caused by a virus. It is easily spread from person to person when an infected person coughs, sneezes, or talks. Symptoms of COVID-19 may present as a fever, cough, sore throat, runny nose, or loss of taste or smell. Symptoms may be mild but sometimes result in difficulty breathing, severe fatigue, or confusion.

At this time, healthy, asymptomatic students and staff in kindergarten - 12<sup>th</sup> grade will not be required to be excluded/quarantined due to **school exposure** under the following conditions:

- 1. The student does not have any COVID-19 symptoms
- 2. The student is not currently in isolation after testing positive for COVID.
- 3. The student is not currently excluded/quarantined for an exposure to COVID outside of the school setting.
- 4. The student has recovered from a COVID-19 infection in the last 90 days
- 5. The student is up to date on their COVID-19 vaccinations, which means:
  - a. 2<sup>nd</sup> Pfizer dose less than 5 months ago or have gotten a booster, OR
  - b. 2<sup>nd</sup> Moderna dose less than 6 months ago or have gotten a booster, OR
  - c. Initial Johnson & Johnson dose less than 2 months ago or have gotten a booster.

Your child may have been exposed; therefore, please:

- Continue to monitor your child/yourself for COVID-19 symptoms, including minor cold symptoms, for 10 days following this notice.
  - o If your child develops any symptoms, please inform the school, seek testing for COVID-19 infection, and keep your child at home while ill.
- It is recommended that all students/staff exposed to COVID-19 wear a mask in school following their exposure for the full 10 days.
- Consider getting your child tested 3-5 days after the exposure as he/she could be infected without any
  symptoms. This is considered surveillance testing, which helps monitor the spread of COVID-19 and does
  not require that a student stay home with the test results pending, unless they are showing symptoms of
  COVID-19.

Rapid testing may also be available at your school. Other community testing options are available throughout the health department jurisdiction. To view locations and testing information, please visit <a href="https://www.dhd2.org/">https://www.dhd2.org/</a>.

Vaccination continues to be one of our best protection methods to reduce an individual's risk of contracting COVID-19 as well as the best method of reducing the impact of COVID-19 in our community. All three vaccines are safe and effective against COVID-19 and the variants. It is recommended for everyone 5 years of age or older. If you are interested in scheduling an appointment to immunize your child, please call the health department to schedule an appointment, call your child's pediatrician, or check with your local pharmacy.

For any COVID-19 related questions, please call the health department's COVID-19 Hotline at 989-343-1827.

Thank you,

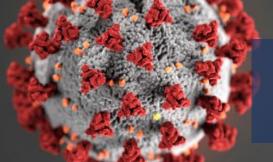
For more COVID-19 information/resources:

CDC - COVID-19 Families & Children

MDHHS - Coronavirus Website

COVID-19 - DHD2

Know Your Treatment Options for COVID-19 | FDA



MI Safer Schools Guidance for Managing COVID-19 Exposures in K-12 School Settings

# Michigan.gov/Coronavirus

## Updated: January 10, 2022

MDHHS continues to recommend <u>universal masking</u> in all K-12 school settings.

MDHHS recommends students, teachers, and staff age 5 and up get vaccinated, and that students, teachers, and staff ages 12 and up receive their booster as soon as they're eligible.

This guidance is specific to school setting exposures; community and household exposures should follow general public guidance for isolation and quarantine.

## **Key Guidance Updates:**

- Updating of isolation and quarantine guidance to align with the CDC
- CDC K-12 isolation and quarantine guidance also now applies to teachers and staff exposed in a school setting, in addition to students

The state is committed to ensuring Michigan students and educators are as safe as possible in the classroom. This guidance will help K-12 schools maintain in-person learning by outlining mitigation strategies when students, teachers, and staff are exposed to a COVID-19 case in a school setting. When layered prevention strategies such as vaccination, masking, distancing, testing, isolation, and quarantine are applied consistently, school-associated transmission of COVID-19 is significantly reduced.

The Michigan Department of Health and Human Services (MDHHS) recommends local health departments and schools work together to quickly *isolate COVID-19 cases* among students, teachers, and staff, identify close contacts of those cases, and <u>adopt quarantine policies that reduce the risk of transmission in schools while allowing in-person learning</u>. When evidence-based prevention measures are utilized, such as vaccination and masking, students, teachers, and staff exposed to COVID-19 cases may not have to quarantine at home and can stay in the classroom.

Quarantine and isolation are determined by the local health department and are used as important tools to prevent the spread of disease.



- You <u>isolate</u> when you are already infected with COVID-19 and have tested positive, even if
  you do not have symptoms. Isolation is used to separate people who are infected with
  COVID-19 from those who are not infected.
- You <u>quarantine</u> when you might have been exposed to COVID-19. This is because you
  might become infected with COVID-19 and could spread COVID-19 to others.

### Overview of COVID-19 Isolation Guidance for K-12 Schools

- Students, teachers & staff who test positive for COVID-19 and/or display <u>COVID-19</u> <u>symptoms</u> should isolate regardless of vaccination status:
  - If asymptomatic, monitor for symptoms for days 0 10; and
  - Isolate at home for days 0 5 (day "0" is day symptoms begin or day test was taken for those without symptoms); and
  - If symptoms have improved or no symptoms developed, return to school, while wearing a well-fitted mask, for days 6 -10; or
  - o Stay home for days 0 10 if unwilling/unable to wear a mask.

If you have a fever, stay home until you are fever free for a period of 24 hours without the use of fever reducing medications.

## Overview of COVID-19 Quarantine Guidance for K-12 Schools

These quarantine guidelines only apply to exposures that occur in a school setting. Students, teachers, and staff that are a close contact of a COVID-19 case in their household or in the community should follow quarantine guidance for the general public.

- <u>Close contacts</u> of a COVID-19 case do not need to quarantine at home if they:
  - o Had confirmed COVID-19 within the last 90 days
- o Are up to date on <u>all recommended COVID-19 vaccines</u> for which they are eligible These contacts should still conduct symptom monitoring and "Mask to Stay" for 10 days from the date of last exposure.
- <u>Close contacts</u> of a COVID-19 case who do not meet the criteria above need to quarantine or may <u>test to stay</u> and mask to stay. Exposed individuals may:
  - Home quarantine for days 1-5, if feasible test on day 5, AND "Mask to Stay" for days 6-10, OR
  - "<u>Test to Stay</u>"\* for days 1-6 AND "Mask to Stay" for days 1-10; OR
  - o Home quarantine for days 1-10 if unable/unwilling to mask

Students, teachers & staff should monitor for symptoms throughout quarantine period (days 1 through 10). Day "0" is day of last close contact with any COVID-19 positive student, teacher, or staff. If symptoms develop, get tested.



## **Symptom Monitoring**

During days 1-10 following exposure:

- Watch for symptoms, such as fever, cough, shortness of breath, or other COVID-19 symptoms.
- If symptoms develop, get tested immediately and isolate until receiving test results. If they test positive, then follow <u>isolation</u> recommendations.
- If they do not develop symptoms, get tested at least 5 days after they were last exposed.
- If possible, stay away from people that they live with, especially people who are at higher risk of getting very sick from COVID-19

For the full 10 days after last exposure, avoid people who are immunocompromised or at high risk for severe disease, and nursing homes and other high-risk settings

\*<u>Test to Stay</u>: test every other day for 6 days following the exposure <u>and</u> consistent and correct use of a well-fitted mask

<u>Mask to Stay</u>: is the consistent and correct use of a <u>well-fitted mask</u> when around others and in school and public settings

## MDHHS continues to recommend <u>universal masking</u> in all K-12 school settings.

Local conditions may vary. The local health department may modify quarantine policies based on factors including ventilation, duration/intensity of the contact, and other local factors. Schools and local health departments should work together to decide what quarantine policies work best in their communities.



# **School Quarantine Guidance**

What to do when students or staff are exposed to COVID-19 in a school setting, **but do not have symptoms**.

Students and staff experiencing symptoms should not attend school activities.



Michigan.gov/Coronavirus

Students and staff should monitor for symptoms throughout quarantine period (days 1-10). If symptoms develop, test immediately. Day "0" is day of last close contact with a COVID-19 positive student, teacher or staff.



#### **Actions to Take**

Students and staff without symptoms do not need to quarantine. They should monitor for symptoms and wear a well-fitted mask for 10 days.

Not Up to Date on Vaccines
Need to Quarantine

Home quarantine for days 1–5 and test on day 5; and "Mask to Stay"\* for days 6–10.

"Test to Stay"\*\* for days 1–6 AND "Mask to Stay"\* for days 1–10.

Home quarantine for days 1–10 if unable/unwilling to mask.

\*Mask to Stay: The consistent and correct use of a well-fitting mask when around others in school and public places \*\*Test to Stay: Test every other day for six days following the exposure and consistent and correct use of a mask

Students and staff who test positive for COVID-19 should not attend school and should isolate at home for five full days after symptom onset (or five days after the positive test if they do not have symptoms). They may return to school on day six if they have no symptoms and can wear a mask for five additional days.

MDHHS continues to recommend universal masking in all K-12 school settings.

## **School Testing Opportunities and State Support**

## **MI Safer Schools Testing Program**

MDHHS is providing schools antigen testing supplies free of charge through the MI Safe Schools Testing program. Schools and individual school districts can request antigen test kits through the Mi Safer Schools: School Antigen COVID Test Ordering form. Questions about test supply orders or any other school testing related questions can be sent directly to MDHHS at MDHHS-COVIDtestingsupport@michigan.gov

## **Community Testing Locations**

- Free community-based pop-up rapid antigen testing
   Coronavirus Community Based Pop-Up Rapid Antigen Testing
- Find a COVID-19 testing location Coronavirus - Test

### **Home Tests**

At-home rapid COVID-19 antigen tests are now available and can be purchased over-the-counter in grocery stores and pharmacies. MDHHS has some at-home tests that will be available to schools through the MI Backpack Home Test program. The MI Backpack Home Test Pilot Program is a voluntary program offered by MDHHS for Michigan K-12 students, educators, staff, and their



families who want an extra layer of protection against COVID-19. School districts can indicate their interest in participating in this program by completing the following survey: https://forms.office.com/g/is9FYDMRzn

## **Additional Resources**

- MDHHS Recommendations for Safer School Operations during COVID-19
- Guidance for COVID-19 Prevention in K-12 Schools | CDC
- Parents and Caregivers | CDC
- CDC Guidance for Staving up to date with Vaccines
- COVID-19 Guidance for Safe Schools (American Academy of Pediatrics)
- MDHHS Mask Up, Mask Right

For the latest information on Michigan's response to COVID-19, please visit <a href="Michigan.gov/Coronavirus">Michigan.gov/Coronavirus</a>. You may also call the COVID-19 Hotline at 888-535-6136 or email <a href="COVID19@michigan.gov">COVID19@michigan.gov</a>.



Dear Families and Caregivers,

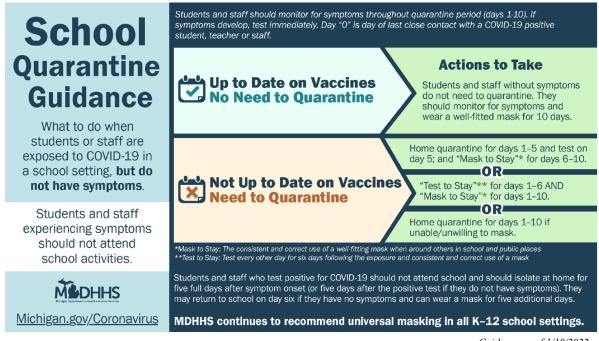
A person in the school setting has tested positive for COVID-19. Through school traceback, based on current CDC guidelines, your child has been identified as a close contact of the positive person.

### Exposure Date: -/--/- (use this as day zero when determining quarantine dates)

Students who are identified as close contacts are recommended to:

**Quarantine** – This separates people who were exposed to a contagious disease to see if they become sick. This is important because people who are infected with COVID-19 are most contagious two days before they have symptoms of being sick.

Individuals who were previously COVID-19 positive within the last 90 days are not required to quarantine but should mask in public and monitor for symptoms for 10 days.



Guidance as of 1/10/2022

\*\* Rapid testing may also be available at your school. SCHOOL to add in testing options they offer. Other community testing options are available throughout the health department jurisdiction. To view locations and testing information, please visit <a href="https://www.dhd2.org/">https://www.dhd2.org/</a>.

For assistance with COVID-19 questions, you may call the DHD2 COVID-19 Hotline at 989-343-1827.

Sincerely,